## **UNAPOLOGETIC** with K & C

Week 6 - Worksheet & Life Changing Actions (LCA's)

Week 6, Video 2
Notes:

S E Q U I N

<u>Notes:</u> 			
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<u>Video 2 Action:</u> Share a video in the group – what's alive for you right now? After the video & Karen's little motivational speech – what came alive for you that you want to pursue?

