

UNAPOLOGETIC with K & C

Week 1 – Worksheet & Life Changing Actions (LCA's)

Week 1, Video 1

Initial Action: Schedule into your calendar now, your allocated time for Unapologetic for the next 6 weeks (3 x 30 minutes per week), then share in the FB Group when this will be.

Why are you here?

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What are your intentions over the next 6 weeks?

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What would you ultimately like to get out of this?

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Video 1 Action: Do a live video in the group sharing: Who you are, where in the world you're from, why you are here and what your intentions are throughout the next 6-weeks. What would you **ULTIMATELY** love to get out of this course?